



WHAT IS THE OHIO AMBLYOPE REGISTRY?



The Ohio Amblyope Registry (OAR) is the first and only statewide program in the United States designed to serve the needs of children with amblyopia, commonly known as “Lazy Eye”, their families and eye doctors. Amblyopia is decreased vision in one or both eyes. Up to 3% of kids are affected.

The Ohio Amblyope Registry provides free eye patches for the treatment of amblyopia, free literature about amblyopia and causes, as well as other important services to help families of children with amblyopia. All services are free of charge (restricted to Ohio residents only). The Ohio Amblyope Registry is part of the Save Our Sight program.

The Amblyope News is the newsletter for the Ohio Amblyope Registry (OAR). It is designed to highlight the services and resources available through the OAR.

KEEP YOUR EYE'S SAFE THIS SPRING!

Spring is in the air - or at least on the calendar, this is Ohio after all! As we see the sun more often and are outside enjoying the weather, eye care should be on our mind.

This is the time of year where we can have brilliant sun one day and a gray day the next. Did you know you should be protecting your eyes and children's eyes on both types of days? The clouds may block the brightness, that causes us to reach for those shades typically, but the damaging UV light makes it through the clouds! It's especially important in the eyes of children. The lenses in the eyes of our kiddos are clearer and allow more of the damaging rays into the eyes. Involve your kids and allow them to choose sunglasses or hats so there is a better chance they will wear them. Modeling this behavior will also help! Adults don't forget, practice what you preach and grab your sunnies! Make protecting eyes a family tradition by reaching for sun protection before enjoying a day outside.

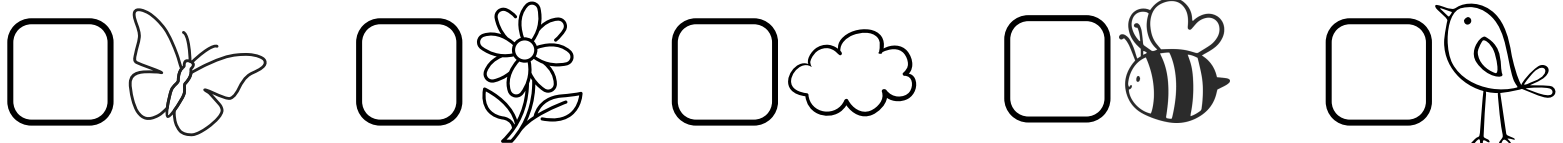
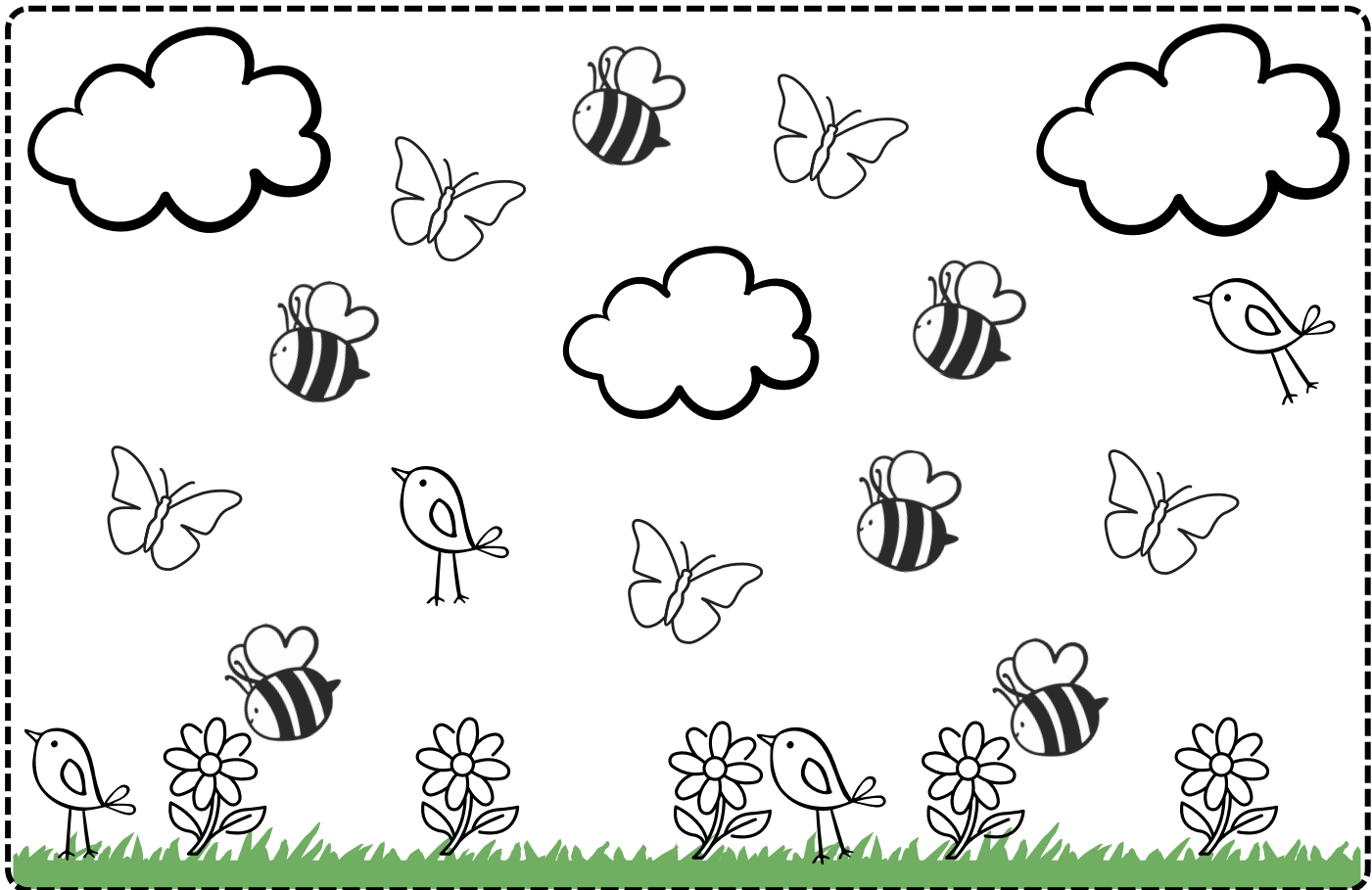
Blooming plants and trees often come with the spring sunshine which can mean pollen everywhere. You may be tempted to rub those itchy eyes, but rubbing can dry out eyes, cause damage or even sickness. Keep hands away from your eyes! If you or your children have itchy eyes, try scratching the outside of the nose to trick your eyes into feeling better.

To learn more about protecting your children's eyes, visit the Realeyes community resource page: www.ooa.org/realeyes_community. Realeyes is an eye education program which presents information on eye health and safety to more than 100,000 Ohio students each year.

-Britt Dahlstorm, Realeyes Program Director

FIND AND COUNT!

Choose a color for each item and color each one. Then, count how many you found and fill in the boxes below with how many of each item you found.



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Visit our website to
 receive FREE
 patches!



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