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**Lazy Eye News** is the bi-annual newsletter for the Ohio Amblyope Registry. It is designed to highlight the services and resources available through the OAR and bring you the latest news in Amblyopia research and treatment.

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## Ohio Amblyope Registry

Nationwide Children's Hospital  
 700 Children's Drive  
 Columbus, OH 43205  
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## Helpful Hints For Warm Weather Patching

*Written by: Julie Racine, PhD*

We already know that patching your child's eye is an extremely difficult task and that at times it can be very challenging. Unfortunately, this challenge is brought to an all-new level during the summer time, when the temperature is hot and humid! The Ohio Amblyope Registry (OAR) would like to give parents a few helpful tips on how to patch during the summer time.

**Be sure to apply the adhesive eye patch to a clean, dry area. Patch your child's eye before applying sunscreen to their face. This will help the patch to stay on, in the right position and for a longer period of time.**

On top of these helpful hints for patching during summer time, it is important for parents to set clear ground rules about the patching regimen. Avoid a power struggle or a battle of wills over wearing the patch by setting clear guidelines and establishing realistic expectations. Your child will be more cooperative if he or she understands when and how long the patch must be worn. Make it clear what the consequences will be if he or she removes the patch, as well as the rewards

**If your child's face is having a reaction after patching, try rubbing a thin layer milk of magnesia around the patching area before patching. This can help with irritation sometime caused by sweat.**



for keeping it on. Be supportive. Wearing a patch can be difficult and uncomfortable. By providing support and reassurance, you can help your child comply with the patching treatment. Our Premier Services program is a great way to receive support.

**If your child is patching for several hours at the time, change the patch for a new one to reduce sweating and discomfort.**

If you would like to be part of the Premier Services program and get updates, newsletters, etc. please call us at 877-808-2422. Consider providing rewards when your child wears the patch without complaints or difficulties. You can use a day planner or a calendar to show your child's progress toward the reward. Finally try to have fun! Wearing an eye patch is not very enjoyable. But there are some things you can do to make the times your child is wearing the patch more fun and to help make the treatment more effective. Decorate your child's eye patch with fun summertime stickers. And remember, that even if your child is patching, they need to wear their sunglasses! Have a nice summer from the OAR team!

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TOP 10

# Lazy Eye News

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## Happy Parents Say...

“Thank you for all your past help! My daughter’s sight is successfully being restored I am going to give a speech in college about how wonderful your organizations is and try to make sure everyone gives their dollar!!”

“Just wanted to say a HUGE thank you for helping us with patching for my 5 year old. After patching for over a year her vision is now finally equal and she will no longer have to patch. She is so happy!! Thank you so much for your organization.”

“Thank you for the eye patches. It will be great to have a place to share info with other parents dealing with similar issues!!”

“Thanks so much for the eye patches. I am so grateful God Bless.”

“Thank you for your awesome program! She really enjoys the fun stickers to decorate her patch with!”

“I wanted to thank you for the patches and the brochures with so much information that I received today. It is greatly appreciated!”

## Amblyopia and 3-D Vision

If you take your child to see a 3-D movie this summer, observe his/her behavior and reaction. Is your kid wondering why everyone is ‘oohing’ and ‘aahing’ about when watching the 3-D movie? If your child is amazed by the 3-D movie and thinks it is great, it would be a sign that he/she has 3-D vision and can see out of each eye just fine. If, however, your child takes the glasses off during the movie, says that nothing is sticking out from the screen it might be a sign that the child needs an eye exam to check for lazy eye (amblyopia).



The ability to see 3-D images is not given to everyone. True stereoscopic 3-D vision is not possible without the ability to process two, combined images. Therefore, to view 3-D images you must have two good

eyes that work together simultaneously as a coordinated team. Two working eyes are definitely required! Looking in the mirror to make sure you have two eyes and that they are both open at the same time is not an adequate inspection of your 3-D viewing equipment.

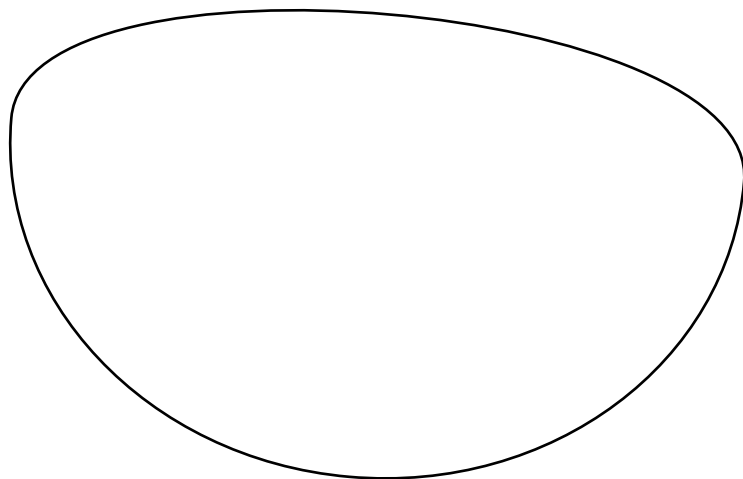
Children with lazy eye typically have one good eye and one poor performing eye, which means that only one eye, the stronger eye, will see the image, while the weaker, lazy eye, is turned-off. Therefore because the eyes do not work well together, children with amblyopia (lazy eye) have trouble seeing 3-D images. Without 3-D vision, the viewer will see the movie in the usual way – as a 2 dimensional movie without the depth effect.

So next time you bring your family to the movies look how your kids react to the special effects. You might discover a lazy eye in one of the children.

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(Cut here)

## Design and color the patch below.

\*When you are done, send it back to us and you could win a special prize!!  
All entries must be received by 9/15/12 to be eligible. Visit our website to view all the entries.



Child’s name: \_\_\_\_\_  
Child’s city: \_\_\_\_\_  
Child’s age: \_\_\_\_\_

\*Mail to: Ohio Amblyope Registry, 700 Children’s Drive, Columbus, OH 43205

